



## **Mary Kate Mouser**

Mary Kate Mouser is the Director of Vanderbilt Children's Health Improvement and Prevention (VCHIP), a department of the Monroe Carell Jr. Children's Hospital at Vanderbilt that seeks to improve the health, safety and wellbeing of children through community-based education, prevention and intervention programs and child advocacy efforts. Among VCHIP programs addressing some of the most pressing issues facing children today are *Live It!™*, *Go for the Red, White and Blue*, a nutrition and physical activity program offered through middle schools to 5<sup>th</sup> and 6<sup>th</sup> graders and *Commit to be Fit*, a health and fitness program offered in area Boys and Girls Clubs.

Mrs. Mouser has a Bachelor of Arts Degree in Journalism from the University of Kentucky. She has a Masters of Education in Organizational and Human Resource Development from Vanderbilt University. Her career includes positions as a healthcare consultant and directors of marketing and development and education where she gained considerable experience in advocacy, strategic planning, project development and implementation, and fundraising. She has been in her current position three years.

Her volunteer work in the community includes serving as board member of Metro Social Services. A member of the Junior League of Nashville since 1999, she has held two board positions during that time: Vice President of Community and Vice President of Training as well as served in a number of Council positions. Ms. Mouser is currently Co-chair of the Health Practices Committee of Alignment Nashville, an organization established to support Nashville public schools. She is also Co-chair for programming on the Statewide Injury Prevention Council and a member of the Healthcare Committee for Nashville's Agenda. Ms. Mouser is also a past board member of Alive Hospice, Hands on Nashville and Volunteer Tennessee. She is a Young Leader (Fall class of 2002).